SAUNDERS MEDICAL CENTER

PHYSICIANS ORDER SET

VTE PROPHYLAXIS

Date/Time:

□ LOW RISK * already on coumadin * < age 50 * Minor Surgery (< 45min)	 □ Early ambulation: In Halls, QID 50 feet or greater □ Education 	
 MODERATE RISK * > age 51 * Pneumonia/Respiratory Failure * Smoking/COPD * Active Inflammation * CHF * Hx of MI * Dehydration * Varicose Veins, Ulcers, Stasis * Obese * Non-ambulatory/Restricted Mobility * Active Malignancy * Hormone Replacement Therapy,	 □ Enoxaparin (Lovenox) 40mg SC q day □ Education PLUS: □ Intermittent pneumatic compression devices (SCDs) or □ Compression Stockings (TEDS alone are not therapeutic): □ Knee High □ Thigh High OR: □ No pharmacologic or mechanical prophylaxis due to contraindication of 	
 HIGHEST RISK * > age 74 * Hip or Knee Arthroplasty * Acute SCI with Paresis * Multiple/Major trauma * Abdominal or Pelvic Surgery for Cancer * HX of DVT/PE * Ischemic Stroke * Hip, Pelvic or Leg FX (last 30 days) 	 □ Enoxaparin (Lovenox) 40mg SC q day □ Education PLUS: □ Intermittent pneumatic compression devices (SCDs) or □ Compression Stockings (TEDS alone are not therapeutic): □ Knee High □ Thigh High OR: □ No pharmacologic or mechanical prophylaxis due to contraindication of 	
LAB: □ Every other day INR if taking Warfarin (Coumadin) □ If patient on Lovenox draw a Baseline CBC auto diff and BMP if not already done □ Pharmacist will adjust dose of Lovenox if CRCl < 30 ml/min MD Signature: □ Date/Time:		

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Contraindications to Pharmacologic Prophylaxis

Relative	Absolute
 History cerebral hemorrhage Craniotomy within 2 weeks Platelet count < normal but > 20,000/mm3 Brain metastases Active intracranial device/neoplasm/lesion Intraocular surgery (< 2 wks) GI/GU bleed within 6 months Severe hypertension (SBP > 200, DBP > 120) Thrombocytopenia Heparin induced thrombocytopenia (use Arixtra 2.5 mg daily) Coagulopathy (PT>18 sec) Proliferative retinopathy Platelets < 100,000 Renal insufficiency Pork allergy Use Arixtra 2.5 mg daily 	 Active hemorrhage Platelet count 20,000/mm3 or less Warfarin use in 1st trimester pregnancy Severe head, spinal cord, or extremity trauma w/ hemorrhage within 4 weeks Epidural/indwelling spinal catheter CrCl < 10 ml/min